

Ice Linden Adult Cup

Adult International Competition

Free Skating, Artistic Free Skating, Pair Free Skating,
Artistic Pair Free Skating, Pattern Dance, Solo Free Dance, Solo
Pattern Dance, Elements

Mariánské Lázně, Czech Republic
April 11th – 14th, 2024

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1. GENERAL INFORMATION

Date: April 11th – 14th, 2023

Place: Mariánské Lázně
Zimní stadion Mariánské Lázně (Ice rink Marianske Lazne)
(surface 60x30 meters)
Tyršova 621/21a,
Mariánské Lázně 353 01
Czech Republic

Contact: icelindenadultcup.cz@gmail.com

Website: <https://lindenadultcup.cz/>

Fb: https://www.facebook.com/groups/1428117597968921?locale=cs_CZ

1.1. CATEGORIES

• Elemens	(Basic) – NON ISU SH
• Free Skating (Ladies/Men)	(Masters Elite, Masters, Gold, Silver, Bronze)
– Young adult	(Gold, Silver, Bronze)
• Artistic Free Skating (Ladies/Men)	(Masters, Gold, Silver, Bronze)
• Pair Free Skating	(Masters Elite, Masters, Intermediate, Adult)
• Pair Artistic Free Skating	(Masters Elite, Masters, Intermediate, Adult)
• Pattern Dance	(Masters Elite, Masters, Gold, Silver, Bronze)
• Free Dance	(Masters Elite, Masters, Gold, Silver, Bronze)
• Solo Free Dance	(Gold, Silver, Bronze)
• Solo Pattern Dance	(Gold, Silver, Bronze)

1.2. AGE CATEGORIES

Participation in the Free Skating, Pair Free Skating and Artistic Free Skating disciplines at the International Adult Figure Skating Competitions is open only to competitors who have reached at least the age of eighteen (18) before 1 st July 2023.

Adult Junior	born between	July 1st, 2005, and June 30th, 2008
Young Adults	born between	July 1st, 1995, and June 30th, 2005
Class I	born between	July 1st, 1985, and June 30th, 1995
Class II	born between	July 1st, 1975, and June 30th, 1985
Class III	born between	July 1st, 1965, and June 30th, 1975
Class IV	born between	July 1st, 1955, and June 30th, 1965
Class V	born before	July 1st, 1955

When fewer than 3 skaters register for a singles free skating or artistic free skating event, age categories will be combined wherever possible to ensure competition. All age groups can be further divided or put together, depending on the number of registrations. Proof of age must be presented for all competitions. This can be a copy of a birth certificate, passport or identity card. The organizers reserve the right to cancel the category in case of little interest and other cases.

You can find more information about Synchronized Skating in the article [Technical requirements Synchronized Skating](#)

1.3. REGISTRATION

Registration must be received by **March 17, 2024**

Entries can be made from January 1, 2024 at:

<https://forms.gle/cYXXykMAcwHk2RUG7>

You can download the entry form for Synchronized Skating at this link. Send the completed form to:

icelindenadultcup.cz@gmail.com

The registration fees are:

- 60 Euros for the first single competition (1450 Kč)
- 40 Euros for each additional single competition (950 Kč)
- 40 Euros for each partner in a pair for the first competition (950 Kč)
- 30 Euros for each partner in a pair for each additional pair competition (700 Kč)
- 40 Euros for the category Elements (950 Kč)

The fees must be paid at the time of registration. Please transfer the money to the following account:

Bank account:

Komereční banka

Account number: 35-7323240297

Banking code: 0100

IBAN: CZ1301000000357323240297

Name: Sportovní krasobruslařský klub Mariánské Lázně, z.s.

Address: Nejdlova 925/2, Stará Role, 360 17 Karlovy Vary

Purpose of payment: Linden 2024 – „your name“ - category

DOCUMENTS REQUIRED TO PARTICIPATE IN THE RACE:

Send here: icelindenadultcup.cz@gmail.com

Please write in the subject of the email: „documents – your name“

- Copy of identification card
- Planned Program Content Form
- Music (MP3)
- Music Form

CONDITIONS OF PARTICIPATION

Participation in the international competition Ice Linden Adult Cup is open to all figure skaters who:

- are individual members of an ISU Member, or a member of a club that is itself a member of an ISU Member
- are member of only one ISU Member. In the case of Pair Skating both Competitors in a team must enter as members of the same ISU Member
- fit into the age groups in this announcement

- since July 1, 2023, have not participated in an ISU Championship, International Competition or National Championship of a Member Federation (other than an Adult International Competition or Adult National Championships) or a competition from which a competitor qualifies for the National Championship of a Member Federation (other than an Adult National Championship).
- the Entry will be confirmed by the competition organizer

IMPORTANT NOTES:

In the event the competition is oversubscribed, the Local Organizing Committee reserves the right to stop accepting further entries even before the closing date for entries. Entry forms will be accepted on a first come, first served basis.

1.4. OTHER INFORMATION

This competition will be conducted in accordance with the ISU Constitution and General Regulations, the ISU Special Regulations & Technical Rules Single & Pairs Skating, the Special Regulations & Technical Rules Synchronized Skating, all pertinent ISU Communications, and this Announcement.

1.4.1. Planned Program Content Sheet

Free skater and Pairs must forward the "Planned Program Content Sheet" to the Local Organizing Committee following submission of the online entry form. **It is not permitted to hand over the Planned Program Content Sheets directly to the competition Officials during the competition.** Changed Program Content Sheets should be turned in at the registration desk.

1.4.2. Music form

Each competitor will send competition music of excellent quality to icelindenadulcup.cz@gmail.com (**MP3 format!**). The file must state the competitor's name, country, category and the exact playing time of the music (not the skating time). The competitors should have a backup copy of the music for each program in the form of a flash disc on the competition.

The titles, composers and performers of the music to be used for the individual programs for Singles and Pairs must be listed for each competitor on the official Competition Music Form and forwarded to the Local Organising Committee following submission of the online entry form. You can find the Music form document at <https://skkmarianskelazne.cz/>

If music information is not complete and discs not provided, accreditation will not be given.

1.4.3. Results

All results will be calculated according to the ISU Regulations, Rule 353. The special factor of 1.1 for elements starting in the second half, will **NOT** apply.

Results will be posted on:

<https://www.czechskating.org/vysledky-soutezi>

LIABILITY

Every competitor participates at his own risk. Please take out accident insurance.

AWARDS

The first three places in each category will receive an award, trophies. Every competitor will receive a diploma.

PHOTO

Pictures will be taken during the event which may be published. In case you don't want your pictures published please indicate during the registration process.

EXPENSES PROVIDED

The organizer will provide travel, accommodation and meals for all Event Referees, the Technical Panel Members, Data and Replay Operators and Judges.

All competitors and coaches will cover their own expenses.

2. COMPETITION REQUIREMENTS

The International Adult Figure Skating Competitions for the 2023-2024 Season will be conducted in accordance with the ISU Constitution and General Regulations, the ISU Special Regulations & Technical Rules Single & Pairs Skating, all pertinent ISU Communications, and this Announcement.

BASIC INFORMATION FOR ALL COMPETITORS

- It is expected that competitors will enter at a level appropriate to their current skating ability.
- Entries may be reviewed prior to announcement of the schedule to ensure the integrity of the competition.
- Competitors are not obliged to enter the same level as in previous years.
- The Masters Elite category is intended for those skaters who competed previously at the junior or senior level in national or international competition, but is not mandatory for such skaters.
- Skaters may compete at only one level within each segment.
- Any program violating the time limit set out in this Announcement will receive a deduction of 1.0 for every 5 seconds or part thereof lacking or in excess of the permitted time.
- Skaters have 30 seconds from the time their name is called to take their starting position.
- Please ensure a planned program sheet is submitted for all programs except for the artistic categories.
- Based on ISU Rule 501(1), competitors should note the following regarding appropriate clothing. Clothing and any make-up of the competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. Men must wear full-length trousers. In addition, in Solo Dance, Women must wear a skirt. Accessories and props are not permitted. Clothing that does not adhere to these guidelines will be penalized by a deduction. The deduction for inappropriate clothing, make-up, props and accessories (1.0) will be determined by a majority of the judges and the referee.

ADDITIONAL INFORMATION FOR SINGLE SKATERS

- Competitions in Women and Men Free Skating and Artistic Free Skating will be held at Bronze, Silver, Gold, Masters and Masters Elite levels.
- An entry in an artistic category may be at the same level or one level higher (not lower) than the entry in an event of any other category. For example, a skater may enter the Silver Free Skating event and then the Gold Artistic Free Skating event.
- Solo dancer or pair skaters who want to enter the artistic free skating category should enter at a level appropriate to their skating skills.

- When 25 or more skaters register for the same event, the competition will be divided into two groups according to the age of the skaters. In the event that there are an odd number of skaters, the skater of median age will compete with the younger group of skaters.
- When fewer than 3 skaters register for a singles Free Skating or Artistic Free Skating segment, age categories may be combined wherever possible to ensure competition

ADDITIONAL INFORMATION FOR PAIR SKATERS

- Each pair team must consist of one man and one lady.
- An entry in Pair Artistic Free Skating may be at one level higher (not lower) than an entry in Pair Free Skating.
- Coaches and their students are welcome to compete in all events, however, this competition DOES NOT have a PRO-AM category.
- If a pair team is formed of skaters having different skill levels, it is expected that they will enter at the level of the more skilled skater. Further guidance in this respect can be obtained by contacting the ISU Adult Figure Skating Group (contact information at end of document).

2.1. TECHNICAL REQUIREMENTS

- Free Skating, Artistic FS, Pair FS, Artistic Pair FS, Patter Dance, Free Dance

Technical Requirements of these competition categories correspond with requirements of the ISU rules at this link:

<https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/31140-technical-requirements-season-2023-24/file>

- Solo Free dance

The Solo Dance Competition is governed by the provisions in this document and in the rules at this link:

https://www.usfigureskating.org/sites/default/files/media-files/2023-24%20Adult%20Solo%20FD%20WBP%20Chart_0.pdf?fbclid=IwAR2YGRt8pOXt3JvheblTaB-f5wkLBWy3mHhh0KpuljF7P4KYt5OTnkUHz8Y

- Solo Pattern Dance

The number of sequences follows these propositions.

Bronze:	Fiesta Tango (2) Willow Waltz (2)
Silver:	Foxtrot (3) American Waltz (2)
Gold:	Starlight Waltz (2) Argentine Tango (2)

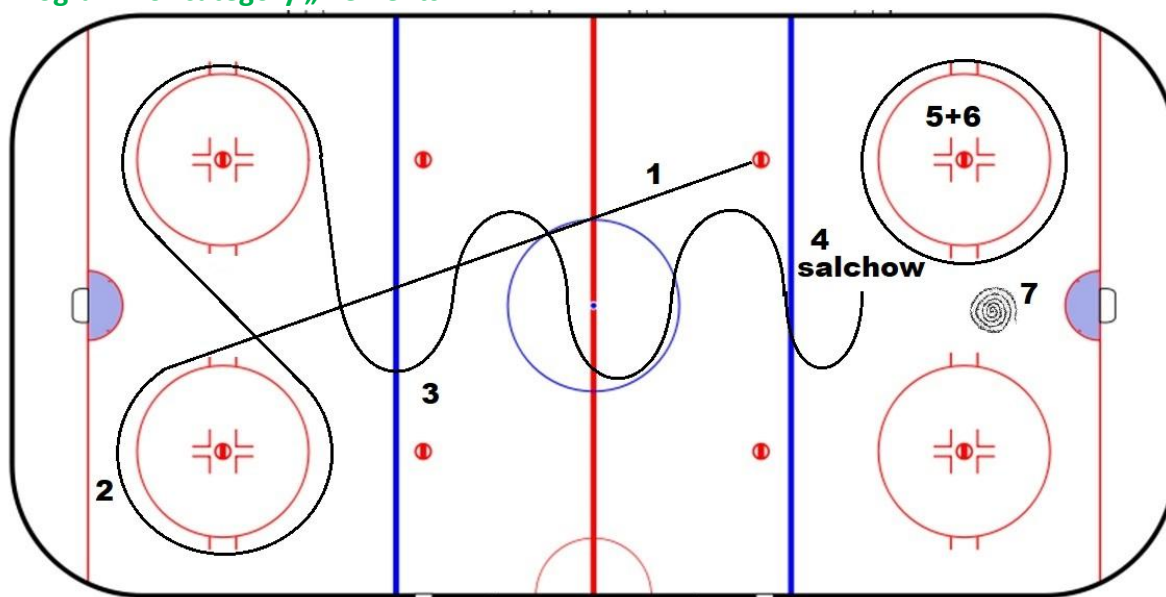
<https://www.usfigureskating.org/sites/default/files/media-files/2024%20Solo%20Dance%20Handbook%20V7.1.pdf?fbclid=IwAR0LFqeLPWVQSjT8hugCiITVNXi8c9sEdVfvrQeLwklnytiYd3rz4WEfEZ4>

2.2. TECHNICAL REQUIREMENTS - ELEMENTS

- Complete beginners without advanced skating skill compete in this category.
- A competitor in this category must not participate in other categories.
- The "Category Elements" competition will be complemented by a musical accompaniment selected by the organizer.
- OBO system
- The order of the individual elements is fixed.
- The transition between the individual elements is optional and gives space for creativity.
- It is not necessary to follow the exact placement of the elements. The skater skates so that the elements follow each other smoothly.
- The warm-up duration is four (4) minutes.

A video with program will be addend to the website.

Program for category „Elements“



1. Teapot (shoot the duck)
2. Backward crossover
3. Foward outside 3-turn + step on inner edge of second legs + 1 backward crossover on the other hand (= mávátka) – 2x
4. Salchow
5. Foward crossover (at least 4 crossover)
6. Spiral
7. One foot spin

3. TRAINING OFFER

45 min 10 Euro / 250 Kč (without a coach)

45 min 30 Euro / 750 Kč (with a coach) PROSÍM O REVIZI CEN

You can book training here:

<https://docs.google.com/spreadsheets/d/1tJgNskCyybrTadFNNJXLskNcqBtYK51HHqQ4N5vTVBc/edit?usp=sharing>

4. BANQUET

On Friday, April 14 from 6.30 p.m

Price: 20 euro (450 Kč), free escort

Place: will be specifik

Reservation:

- in the application form for the competition: <https://forms.gle/cYXXykMAcwHk2RUG7>
- by email icelindenadultcup.cz@gmail.com

5. OUR ACCOMMODATION TIP

6. PRELIMINARY PROGRAM

Thursday

8:00 Trainings

15:00 **Trip:** Tour of the town Mariánské Lázně part by bus, part walking

Friday

8:00 Training for competitors

Competition

- Free Skating
- Pair Free Skating

Training (application on site)

Announcement of results

15:00 **Trip:** Themed walking tour of the town on the theme Famous Visitors

18:30 Banquet

Saturday

8:00 Training for competitors

Competition

- Artistic Free Skating
- Artistic Pair Free Skating
- Solo Free Dance
- Solo Pattern Dance
- Pattern dance
- Elements

Training (application on site)

Announcement of results

15:00 **Trip:** Historical centre of Cheb, by bus

Sunday

8:00 Trainings (8 – 12)

7. TRIP OFFER

11.4. 2024 from 15:00 Tour of the town Mariánské Lázně part by bus, part walking

12.4. 2024 from 15:00 Themed walking tour of the town on the theme Famous Visitors

13.4. 2024 from 15:00 Historical centre of Cheb, by bus

all excursions are led by a professional guide in English

Please book and pay your trip until 29.2. 2024

Reservation:

- in the application form for the competition: <https://forms.gle/cYXXykMAcwHk2RUG7>
- by email icelindenadultcup.cz@gmail.com

Payment informatik

Bank account:

Komereční banka

Account number: 35-7323240297

Banking code: 0100

IBAN: CZ1301000000357323240297

Name: Sportovní krasobruslařský klub Mariánské Lázně, z.s.

Adress: Nejdlova 925/2, Stará Role, 360 17 Karlovy Vary

Purpose of payment: Linden 2024 – Trip - „your name“

Trip 1: TOUR OF OUR TOWN Mariánské Lázně by bus



Guided tour along 3 significant streets, part by bus and part walking

During the tour you will learn about significant buildings, famous visitors, mineral springs with possibility to take taste some of them, a walk through the Colonnade and spa centrum with a bit about the history of the Town.

PRICE: 400 CZK / Person (18 EUR)

Tour length: approx. 1 hour

Minimum participation 7 (Small bus) persons, maximum 19 persons (bus)

Trip 2: Themed walking tour of the town on the theme FAMOUS VISITORS



In the golden days of the emerging spa, Mariánské Lázně was one of the destinations that everyone who was important in society had to visit. Mariánské Lázně was therefore the centre of social and political events and was visited by many important personalities - statesmen, poets, composers, writers. The visit of these people is commemorated by statues, monuments and memorial plaques in the places where they spent their stay. Come and explore them with us.

The main famous visitors

- King Edward VII. (1841 – 1910)
- Writer and poet Johann Wolfgang Goethe (1749-1832)
- Composer Fryderyk Chopin (1810-1849)

PRICE: 500 CZK / Person (20 EUR)

Tour length: approx. 1,5 -2 hours

unlimited number of participants

Trip 3: Historical centre of Cheb by bus



Distance from Mariánské Lázně: 34 km

The centre of the medieval town of Cheb is an urban conservation area. Cheb Castle, dating from the 12th century, is one of the most beautiful Central European Romanesque monuments. Especially the rare two-storey Romanesque-Gothic chapel is unique.

The picturesque complex of medieval townhouses called Špalíček, which dominates Cheb's square, has become a symbol of the town.

PRICE: 875 CZK / Person (35 EUR) *Minimum participation 10 persons, maximum 19 persons*

Tour length: approx. 2,5 hours

Minimum participation 7 (Small bus) persons, maximum 19 persons (bus)

8. ABOUT THE CITY MARIÁNSKÉ LÁZNĚ

A town in a **park** and a park in the town, this too is a frequent description of Marianske Lazne.

A great number of **springs** rise on the relatively small area of Marianske Lazne (over 40), having diverse chemical composition, which is why varied diseases may be **treated** here.

Since 24.7.2021 is Marianske Lazne a part of the **UNESCO World Heritage**. After 11 years of negotiation the city came to a successful end. **Marianske Lazne**, Karlovy Vary and Frantiskovy Lazne are among 11 European spa towns added to the UNESCO list as Great Spas of Europe.

Attractions

- The Singing Fountain
- Springs
- Architecture
- Churches
- **Colonnades**
- Parks
- Spa wafers
- Marianske Lazne Municipal Museum
- Fallow Deer Park
- Miniature Park -The Miniature Park is located in the neighbourhood of the Krakonos Hotel. The Miniature Park presents perfect copies of famous buildings, in particular from the Czech Republic.

MORE INFO ABOUT THE CITY YOU WILL FIND: marianske-lazne.info/en

9. PRICE OVERVIEW

The registration fees are:

- 60 Euros for the first single competition (1450 Kč)
- 40 Euros for each additional single competition (950 Kč)
- 40 Euros for each partner in a pair for the first competition (950 Kč)
- 30 Euros for each partner in a pair for each additional pair competition (700 Kč)
- 40 Euros for the category Elements (950 Kč)
- 420 Euros per synchronized team (10 000Kč)

Traning

- 45 min 10 Euro / 250 Kč (without a coach)
- 45 min 30 Euro / 750 Kč (with a coach)

Banquet

- 20 Euros/ 450 Kč (free escort)

Trips

- 11.4. Thursday : 18 Euros/person (400 Kč/osoba)
- 12.4. Friday: 20 Euros/ person (500 Kč/ osoba)
- 13.4. Saturday: 35 Euros/ person (875 Kč/ osoba)