



# Ice Linden Adult Cup

Mariánské Lázně, Czech Republic  
April 13th – 16th, 2023

---

## Competition schedule and other tips

# 1. PRELIMINARY PROGRAM

## Thursday

**8:00** Trainings

**15:00** Trip - Tour of the town Mariánské Lázně

## Friday

**8:00** Training for competitors

Competition

- Free Skating
- Pair Free Skating

Training (application on site)

Announcement of results

**14:00** Trip

**18:00** Banquet

## Saturday

**8:00** Training for competitors

Competition

- Artistic Free Skating
- Artistic Pair Free Skating
- Solo Free Dance
- Pattern dance
- Elements
- Synchronized skating

Training (application on site)

Announcement of results

**15:00** Trip - Tour of Chateau Kynžvart and nature reserve Kladská

~ Consultation with the referee

## Sunday

**8:00** Trainings (8 – 12)

## 2. Training offer

45 min 10 Euro / 250 Kč (without a coach)

45 min 30 Euro / 750 Kč (without a coach)

**Thursday:** 8:00 - 8:45

8:45 - 9:30

9:45 - 10:30

10:30 - 11:15

11:30 - 12:15

12:15 - 13:00

13:15 – 14:00

**Another day:** Trainings are booked on site. The training schedule will be published with the competition schedule

## 3. CONSULTATION WITH THE REFEREE

On Saturday, there will be an individual consultation with the referee for those interested.

More information will be available during the competition.

## 4. BANQUET

**On Friday, April 14 from 6 p.m**

Price: 20 euro (450 Kč)

Place: will be specific

Reservation:

- in the application form for the competition: <https://forms.gle/xtXcygub3XunY31aA>
- by email [icelindenadulcup@email.cz](mailto:icelindenadulcup@email.cz)

## 5. OUR ACCOMMODATION TIP

Do you need help finding accommodation? [marienbadhotels@gmail.com](mailto:marienbadhotels@gmail.com)

### HOTEL: Olympia\*\*\*\*

- 500 Meter from the Colonade
- Spa service - Massage
- Wellness, Schwimming pool, Sauna
- Own hotel Garage
- More Information <https://www.olympiahotel.eu/>
- PRICE from 85 EURO / night for 2 Person in Double Room and 66 EURO/night for 1 Person in Single room BB
- Spa tax 2 EURO / Person / night



### HOTEL: Queens\*\*\*\* and Depandance Villa Skalnik

- 1,1 km distance from the colonade
- Relax pool, whirlpool and sauna, Kneip therapy
- New hotel from 1.7.2021 open
- Tennis place
- For sportsman
- Excellent cooking
- More info <http://www.hotelqueens.cz/en/hotel-2/>
- Price from 72 EUR / 2 Person in double room /night in the hotel Queens or 56 EUR / 2 Person in double room in Depandance Villa Skalnik
- Spa tax 2 Euro / Person /night



## HOTEL: Flora\*\*\*

- 100 m distance from the colonnade
- Family type of the hotel
- Swimming pool
- Historical building
- Café with a view of the whole town
- Czech cooking
- Newly refurbished rooms
- Price from 68 EUR / 2 Person in double room /night
- Spa tax 2 Euro / Person / night
- More info: <https://www.hotelflora-ml.cz/cs/>



## HOTEL: Hvězda\*\*\*\*

- 350 distance from the colonnade
- Spa procedures
- Aqua-Wellness with swimmingpool, Whirlpool, sauna, tepidarium
- Own spring
- From 144 EUR / 2 Person in Double room / night
- Spa tax 2 Euro / Person / night
- More info: <https://www.ensanahotels.com/hvezda/en>





## 6. Trip offer

**Friday - 14:00:** Tour of the town Mariánské Lázně

**Saturday 15:00:** Tour of Chateau Kynžvart and nature reserve Kladská

***Please book your trip until 31.3 .2023***

- in the application form for the competition: <https://forms.gle/xtXcygub3XunY31aA>
- by email [icelindenadultcup@email.cz](mailto:icelindenadultcup@email.cz)

### Trip 1: TOUR OF OUR TOWN



Guided tour along 3 significant streets, part by bus and part walking. During the tour you will learn about significant buildings, famous visitors, mineral springs with possibility to take taste some of them, a walk through the Colonnade and spa centrum with a bit about the history of the Town.

**PRICE: 400 CZK / Person (17 EUR)**

*Minimum participation 9 persons, maximum 19 persons*

## Trip 2: NATURE RESERVE KLADSKÁ AND PARK BOHEMINIUM

Guided tour, part by bus and part walking

### Kladka Settlement and nature reserve

A scenic village built in the style of Swiss mountain chalets lies at the heart of the Protected Landscape Area of Slavkovsky Forest at the edge of the Kladske raseliny (Kladka Peat) reserve – Taiga. The settlement is the starting point of the Kladka educational trail heading around the Kladsky Fishpond. Along the 1.2km route, visitors will get acquainted with the history, flora, and fauna of the Slavkovsky Forest. The trail is accessible to wheelchairs.



### Miniature Park

The Miniature Park is located in the neighbourhood of the Krakonos Hotel. The Miniature Park presents perfect copies of famous buildings, in particular from the Czech Republic. More info: <https://www.boheminium.cz/en/>

**PRICE: 800 CZK / Person (33 EUR)** *Minimum participation 10 persons, maximum 19 persons*





## 7. ABOUT THE CITY MARIÁNSKÉ LÁZNĚ

A town in a **park** and a park in the town, this too is a frequent description of Marianske Lazne.

A great number of **springs** rise on the relatively small area of Marianske Lazne (over 40), having diverse chemical composition, which is why varied diseases may be **treated** here.

Since 24.7.2021 is Marianske Lazne a part of the **UNESCO World Heritage**. After 11 years of negotiation the city came to a successful end. **Marianske Lazne**, Karlovy Vary and Frantiskovy Lazne are among 11 European spa towns added to the UNESCO list as Great Spas of Europe.

### Attractions

- The Singing Fountain
- Springs
- Architecture
- Churches
- **Colonnades**
- Parks
- Spa wafers
- Marianske Lazne Municipal Museum
- Fallow Deer Park
- Miniature Park -The Miniature Park is located in the neighbourhood of the Krakonos Hotel. The Miniature Park presents perfect copies of famous buildings, in particular from the Czech Republic.
- **MORE INFO ABOUT THE CITY YOU WILL FIND: [marianske-lazne.info/en](http://marianske-lazne.info/en)**

### Tip for trips:

#### Kladska Settlement

Distance from Marianske Lazne: 8 km

A scenic village built in the style of Swiss mountain chalets lies at the heart of the Protected Landscape Area of Slavkovsky Forest at the edge of the Kladske raseliny (Kladska Peat) reserve – Taiga. The settlement is the starting point of the Kladska educational trail heading around the Kladsky Fishpond. Along the 1.2km route, visitors will get acquainted with the history, flora, and fauna of the Slavkovsky Forest. The trail is accessible to wheelchairs.

The settlement's vicinity is ideal for hiking, biking, and fishing. Local restaurants serve venison specialities.



## **Kynzvalt Chateau**

Distance from Marianske Lazne: 9 km

The Kynzvalt Chateau is famous in particular as the summer residence of the Austrian Foreign Minister and Chancellor von Metternich (1773-1859).

In the 17th century, a Baroque chateau was built on the site of a Renaissance fortress and later it underwent an Empire style reconstruction. The chateau has a vast chateau park, farm buildings, and a brewery.

The Kynzvalt Chateau has recently gone through a complete reconstruction and its visitors can nowadays admire its truly beautiful interiors. The precious exhibits include for example the Chancellor's library, which belongs among the most distinguished aristocratic libraries in the country. Another attraction is the cabinet of curiosities and articles of famous personalities, which the prince acquired during his long career.

## **Chodovar Brewery**

Distance from Marianske Lazne: 9 km

The family brewery in Chodova Plana was built on medieval cellars cut in granite massif. The oldest written document regarding the brewery dates to 1573; the present-day buildings of the complex were built in 1862. The brewery offers its guests a tour of the brewing museum and a stylish restaurant located in the ancient cellars.

### **Possible trips with a bus 16 Person:**

**City ring drive** 1 hour ended by Boheminiu Park 18 EUR / Person inclusiv entry to the Boheminiu park

**Kynžvalt and Kladská Settlement** 88 Euro for the bus

**Chodovar Brewery** 80 Euro for the bus

## **TRANSFER FROM THE Prague – Vaclav Havel Airport**

Jan Sadloň transfer:

- Mercedes 1 -3 Person 116 EUR

## 8. KEMP

**Termín:** 10.-12.4. 2023  
**Place:** Zimní stadion Mariánské Lázně  
**Rozsah:** 3x45 min on ice/day  
2x45 min off ice/day

### Coaches:

Mgr. Monika Škorníčková - Certified trainer  
(trainer of the participants MSJ, ME, MS, JGP)  
- ice training, off ice training

Martina Gjetaj Wastlová – Dance Studion Wanted  
attractive dance and other physical activities

External coach

**Announcement:** until 5.4. 2023  
by email: [skornickova@seznam.cz](mailto:skornickova@seznam.cz)  
**Payment:** until 6.4. 2023  
č.ú. 35-7323240297/0100  
To note: KAK (Krasobruslařský Adult Kemp)  
**Price:** 1.500,- Kč/ den  
3.900,-Kč /celý kemp  
**The price includes:** 5x traninig with coach/ day  
**Not included in the price:**  
the cost of own coach  
accommodations  
instance  
diet

The goal of our work is to improve the figure skating level and at the same time provide essential information.